

Year of
Family
Prayers
eBook

Year of Family Prayers



Prayer is a powerful way to bless, revere, celebrate, and support family in its many forms. The following prayers provide opportunities to pray for specific family members as well as for various domestic needs. Offer prayers for your own family as well as families throughout the world.

Focus on one prayer at a time, or keep the eBook as a helpful prayer resource as needs in your own family or community arise.

TABLE OF CONTENTS

Be inspired by the Holy Family as model of holiness and devotion in a

Prayer for Families 2

Remember the gift and grace of mothers on Mother's Day and through the year with a

Prayer for Mothers and a **Blessing for a Mother's Voice** 3 and 4

Honor fathers of this generation and past generations by praying a

Prayer for Fathers 5

Celebrate grandparents as a true gift to families and to us all with a

Prayer for Grandparents 6

Honor the sacred and life-giving bond between siblings with

A Blessing Prayer for Siblings 7

Support the roles and responsibilities of parents that require stamina, grace, and faith by praying a

Prayer for Parents 8

Remember families who are in distress or pain with a

Prayer for Families Who Suffer 9

Ask God's blessing on those who have recently celebrated the Sacrament of Matrimony with a

Prayer for Newly Married Couples 10

Support families whose lives are particularly challenged with a

Prayer for Families with Special Needs 11

Cherish the virtue of loyalty in your relationships with

In Thanksgiving for Loyal Loved Ones 12

Seek ways to let go of resentments and to embrace God's mercy with

A Prayer for Forgiveness 13



Prayer for Families

Loving God,

In the spirit of the Holy Family,

we ask for your blessing on all families.

Let Mary's openness to your wondrous ways

be an inspiration to place all trust in you.

Let Joseph's courage provide hope

during times of anxiety and uncertainty.

Let Jesus' life ignite all families

with a spirit of light and love.

May the grace that encircled the Holy Family

widen to embrace all families.

For this we pray.

Amen.



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Amen.





Prayer for Mothers

Bless, O God, all mothers.

Grant strength and endurance to those caring for restless and rambunctious children.

Let grace and humor provide both perspective and patience.

Ease the anxieties of those caring for sick, disabled, or wayward children.

Let hope abound and offer a vision beyond the immediate moment.

Bring joy to those whose children have grown.

Let trust in the lasting impact of their legacy bring assurance and peace.

Bless, O God, all mothers.

Let us never take for granted the gift of life with which they grace the world.

Amen.



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Amen.

Blessing for a Mother's Voice

Gentle God,

Surround me with your love as I
respond to the varied needs of my child.

May my voice resonate with kindness,
patience, and comfort.

May my words echo your call to treat
others with fairness and compassion.

May my prayers ring with gratitude for
this great gift of motherhood.

Bless each effort to nurture compassion
and generosity in my child.

I ask this in the name of your beloved child, Jesus

Amen.



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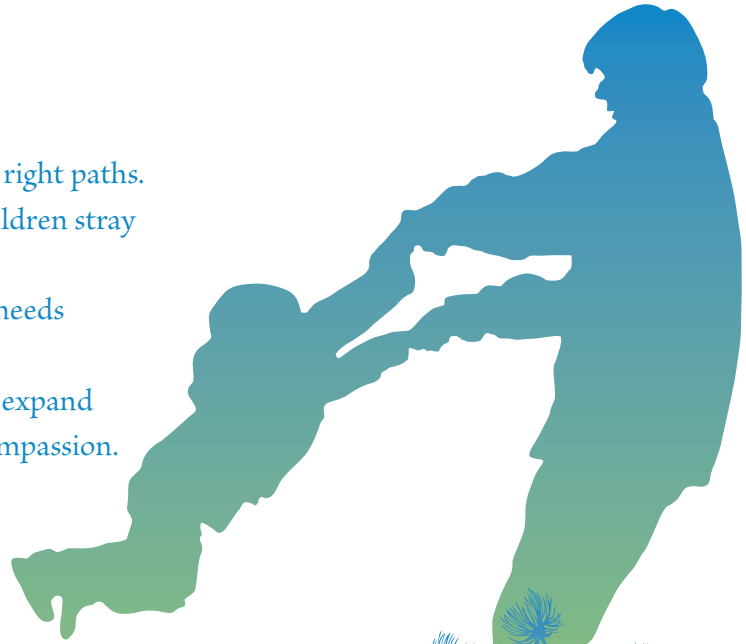
Amen.



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Prayer for Fathers

Heavenly Father,
Shower your blessings upon all fathers.
Grant them wisdom to guide their children along right paths.
Grant them the strength to forgive when their children stray
from those paths.
Grant them perseverance as they provide for the needs
of their families.
May your love shelter them in times of need, and expand
their capacity for forgiveness, kindness, and compassion.
You, who are Father of us all, hold all fathers
in your warm and generous heart.
Amen.

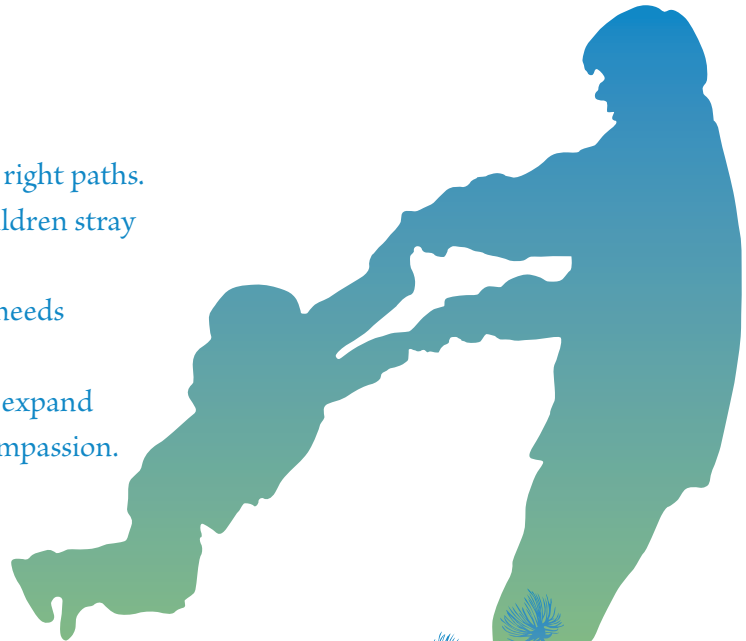


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Prayer for Grandparents

Loving God,

We thank you for the gift of grandparents.

*May all families develop a deep sense of appreciation
for their experience and insight.*

Bless in a particular way those grandparents who are raising grandchildren.

Give them the strength, energy, and stamina for such a task.

Hold in your heart all grandparents who are experiencing ill health or disability.

Help them to tap the inner resources built over a lifetime.

In gratitude for the gift grandparents are to all of us, we pray.

Amen.



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Amen.



A Blessing Prayer

For Siblings

God our Father,
We are called to love one another as brothers and sisters.
This is the kind of devotion we should have for our siblings.
Bless all sisters and brothers.
Strengthen the bonds of friendship and affection between them.
Show them how to forgive past hurts and to cherish the gift of
being a family.
In the name of your Son, our Lord Jesus Christ, we pray.

Amen.

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Amen.

Prayer for Parents

Loving God,

You watch over us with the care and devotion of a loving parent.

Bless all parents and give them strength to follow their path.

When they are beset with anxiety,

assure them of your ever-presence.

When they doubt their capabilities,

encourage them through your sacred Word.

When they find their roles and responsibilities overwhelming,

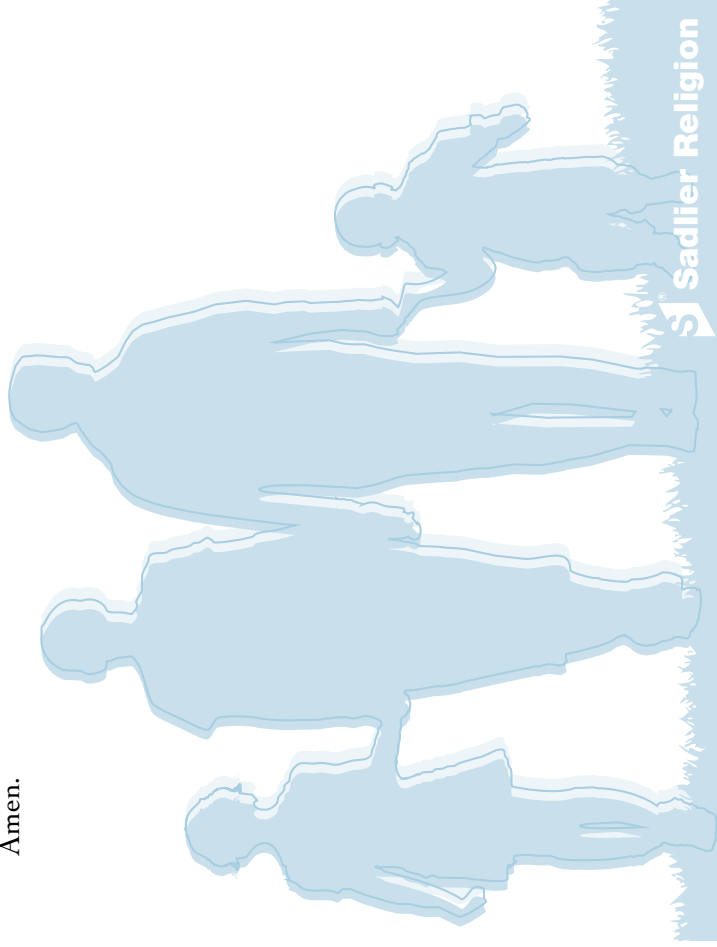
open them to surprise and wonder.

May the Spirit of your life and love illuminate their path,

and give them strength, endurance, and a heart for the journey.

In the name of your blessed Son, Jesus Christ, I pray.

Amen.



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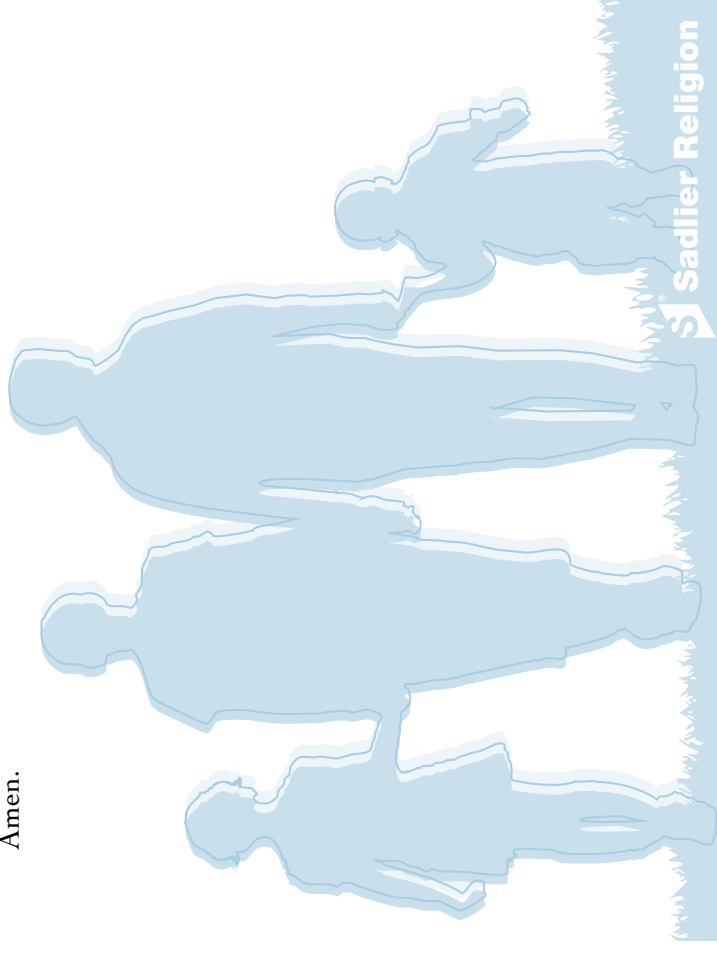
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Prayer for Families Who Suffer

Merciful God,
You alone can see the depth of pain in the human heart.
Be with all families who suffer.
Console those bowed by grief and loss.
Restore hope in those who despair.
Strengthen those caring for sick or disabled loved ones.
Rescue those beset by hardship, hunger, and homelessness.
Pour your healing grace upon all families who suffer.
Remind us of our solidarity as one human family
so that we may bring your compassion and care to
those most in need.
We pray this in the name of your Son, Jesus,
who suffered on our behalf.
Amen.



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Prayer for Newly Married Couples

Spirit of Love,

Bless newly-married couples, and enfold them
in your goodness and grace.

Unite them in companionship, affection, and
mutual respect.

Bring them to new heights of understanding
and compassion, and let kindness be the
bedrock of their relationship.

Remind them to place their trust in you,
whose love and faithfulness knows no
bounds.

May their marriage allow them to dream
possibilities as they build a life together.

Amen.

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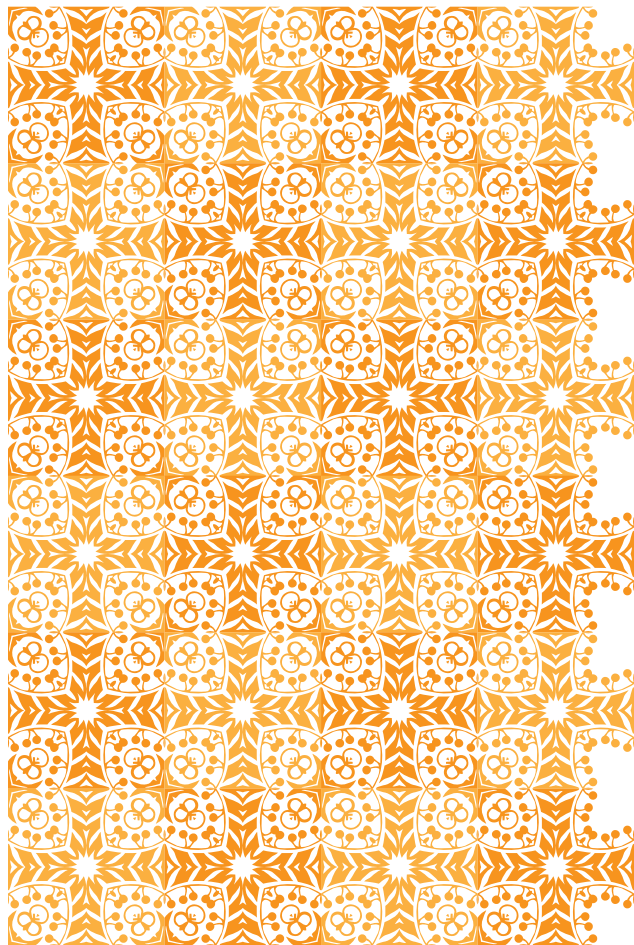
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Prayer for Families with Special Needs

Loving God,

We know your circle of love embraces all people.

Bless those families caring for children, youth, or adults with special needs.

*When they find their spirits flagging,
give them hope.*

*If they feel isolated and alone,
remind them of their place in your expansive heart.*

Replenish their strength and capacity for caring.

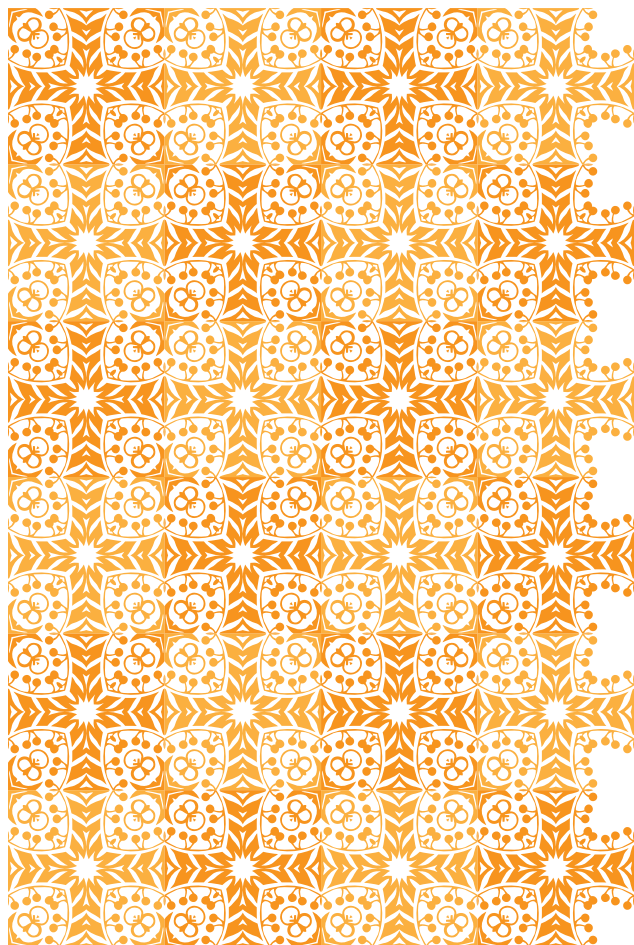
May these families remind us all of the value and dignity of human life.

*We ask this in the name of your Son, Jesus Christ,
and in the power of your Holy Spirit.*

Amen.

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IN THANKSGIVING FOR LOYAL LOVED ONES

Gracious God,

I am richly blessed with loved ones I can trust.

Friends who show up when I am sad, lonely or discouraged.

Family members who know me for who I am and love me despite my failings.

Colleagues and coworkers upon whom I can depend.

I give you thanks for my loyal loved ones—

those who bless my life with their dedication, support, and constant compassion.

May I reciprocate by showing similar devotion to each of them.

In your holy name, I pray.

Amen.



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A Prayer for Forgiveness

God of Mercy,

Help me to forgive.

*Past hurts have festered and left deep scars on
my heart and soul.*

*Present resentments make it hard to savor the life
I have been given.*

*Let me forgive so I forget the need to carry these
burdens any longer.*

*Let your healing grace wash over me and bring me peace,
hope, and gratitude for the gift of letting go.
Amen.*

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