

# Family of Faith



An ongoing catechesis program to serve families in St. Bernard's parish (as part of the English-speaking Roman Catholic Mission) will start in the Fall of 2019. The group runs on a "family catechesis" approach and is open to any children who have made their First Holy Communion and their families (including younger and older siblings).

The group intends to build up families' faith life within a faith-based small group setting. Key features of the group will include:

- **Feeding the mind and the body: during the school year, families meet once per month for a potluck meal and a short faith formation unit**
- **Supporting the domestic Church:** families commit to ONE additional lesson at home (on your own) before the next meeting; parents are supported with helpful hints for teaching at home.
- **Building a welcoming community** for families
- Materials are drawn from the Sophia Institute's "**Family of Faith**" program - each child gets a workbook and parents get their own guide book
- the model suits **children of all ages** (as content is available at all levels of understanding, on the same topic)
- the program is **ideal for accommodating highly mobile families** in our parish: families who move away at the end of a school year can easily take the program with them to provide continuity

Content:

- The Family of Faith program covers the four sections of the Catechism over a 4-year cycle.
- Each volume covers one section: The Creed, the Sacraments, The Christian Life, Christian Prayer; families cycle through the program in 4 school years, but **each year's topic is self-contained – so families can join in any year.**
- We will begin with Volume II (Sacraments) in the 2019/2020 school year.

**You must register your family in advance for this program. Spaces are limited. The first session is on September 19<sup>th</sup>. For more information & registration, please contact Dr. Jenny Gebhardt at [jgebhar@yahoo.de](mailto:jgebhar@yahoo.de).**