



Education has changed: It needs to prepare children today for living in a democratic, plural, mechanized, mobile, fast moving society.

The changed educational situation and the changing educational targets call for a new style of education. Yet dealing with children in a respectful way based on partnership and setting the necessary limits at the same time is a balancing act that is not easy. The demands made on parents by others as well as themselves have become greater. Educational strategies which parents themselves experienced as children most of the time do not help along.

Here the parents' course sets in

“*Kess-erziehen*” does not impart an educational method but stands for an educational attitude: To support an attentive, respectful and consequent communication with each other in a family.

The individual's development, supported by encouragement and the sense of belonging as well as its responsible inclusion into the community are at the core of this approach. The focus is directed towards the child's basic social needs. How to understand the child in its annoying behaviour, in conflict situations or everyday topics in family life is one emphasis of this course.

A Standardized Program Consisting of Five Units

The clearly structured course is thought for parents of children of three (3) years and older. Parents need no special knowledge to participate. They should be open for new experiences and feel comfortable to try out new parenting methods.

The Five Units try to address the following topics:

- Seeing the child – Respecting basic social needs
- Understanding behaviour patterns – Reacting in an appropriate way
- Encouraging children – Confronting them with the consequences of their actions
- Defusing conflicts – Solving problems
- Supporting independence – Developing cooperation

The number of participants is limited! With the registration, you commit to attend all 5 evenings!

Course Coordinators

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Dates: On Tuesdays, 6pm-8.30 pm, November 2nd, 9th, 16th, 23rd and 7th of December

Location: Catholic Parish of St. Bernhard, Königin-Luise-Straße 33, 14195 Berlin

Registration: <https://www.erzbistumberlin.de/anmeldung/kess-english>