

**ENGLISH-SPEAKING CATHOLIC MISSION AT  
ST. BERNHARD'S  
WHAT'S HAPPENING IN MAY 2026...**

- May 01 (Fri)**      **Mass-First Friday 7 pm;** followed by  
Eucharistic Adoration until 10pm
- May 03 (Sun)**      **Mass-Sunday, 11 am & 5 pm,**  
Children's Liturgy
- May 08 (Fri)      Encounter, 7 pm
- May 09 (Sat)      Marriage Preparation Course. 10am-4pm  
Bible Discussion, 5pm
- May 10 (Sun)**      **Mass-Sunday, 11 am & 5 pm**  
Eucharistic Adoration, 12pm-4.30pm  
Coffee Hour, 12pm
- May 14 (Thu)**      **Mass- Feast of the Ascension, 11 am**
- May 15 (Fri)      Wisdom of the Saints, 7 pm
- May 17 (Sun)**      **Mass- Sunday, 11am & 5pm**  
Children's Liturgy
- May 24 (Sun)**      **Mass- Pentecost Sunday, 11 am & 5 pm**  
Coffee Hour
- May 25 (Mon)**      **Mass- Pentecost Monday, 11 am**
- May 31 (Sun)**      **First Holy Communion Mass, 11 am**
- May 31 (Sun)**      **Mass- Sunday, 5 pm**

**Weekly Activities...**

- Mondays              10:15am (online), Women at the Well  
7pm, International Rosary with Eucharistic  
Benediction
- Tuesdays            7:30pm (online), Lectio Divina
- Wednesdays        1pm, Weekday Mass

## **Our Groups...**

### **Bible Discussion Group**

Meets monthly every 2<sup>nd</sup> Saturday at 5pm, in the parish basement room to read the Bible and discuss faith. This month we will continue our discussion on the *Gospel of St. John*. For more information, please email Joe OR Tsitsi at [munikwatsitsi@gmail.com](mailto:munikwatsitsi@gmail.com)

### **Family of Faith**

Meets on the 3<sup>rd</sup> Sunday of the month after the 11:00am Mass in the parish hall for lunch and catechesis, growing in relationship with one another and learning the truths of Catholic faith as a family. Please email Anne at [msanne2101@gmail.com](mailto:msanne2101@gmail.com) for more information.

### **Wisdom of the Saints**

Meets monthly on the 3<sup>rd</sup> Fridays at 7:00pm in the parish basement room, to discuss the life and personal writings of various Saints. This month we discover, hear, and learn more from *St. Hildegard of Bingen* from her writings: “Know the Ways of the Lord” (*Sci vias Domini*), and heavenly musical compositions. Please email Sharon at [nemethst@aol.com](mailto:nemethst@aol.com) for more information.

### **International Rosary**

Meets weekly on Mondays to pray the Rosary in the church at 7pm, in various languages, followed by Eucharistic benediction. On the first Monday of the month, the Rosary will be prayed before the Blessed Sacrament.

### **First Friday Mass & Vigil**

First Fridays are traditionally dedicated to the devotion to the Sacred Heart of Jesus. Holy Mass will be celebrated in the church at 7pm, followed by silent Eucharistic Adoration in the basement room until 6am the next day.

### **Encounter**

An evening of music and prayer before the Blessed Sacrament in the church, every 2<sup>nd</sup> Friday of the month, at 7pm. Followed by fellowship in the hall.

### **Eucharistic Adoration**

Exposition of the Blessed Sacrament every 2<sup>nd</sup> Sunday of the month in the church, from 12-4:30pm for silent adoration. Committed adorers needed. Please email Tsitsi at [munikwatsitsi@gmail.com](mailto:munikwatsitsi@gmail.com) if you would like to join.

### **Lectio Divina**

Meets weekly online on Tuesdays at 7:30pm to pray and reflect on the upcoming Sunday's Gospel. Please email Catherine at [esmlectio@yahoo.com](mailto:esmlectio@yahoo.com) to register.

### **Women at the Well**

Meets weekly online on Mondays at 10.15am to pray and reflect on various books of the Bible. This month we will continue praying with the Gospel of Matthew. Please email Laura at [esmWATW@gmail.com](mailto:esmWATW@gmail.com) to register.

### **Christian Literature Club**

Meets monthly to discuss and reflect on different Christian texts. Kindly email Jeffrey at [jrtching@yahoo.com](mailto:jrtching@yahoo.com) for more information.

## **Pentecost Novena**

Novena starts on 15th May ending on 23rd May

### **Act of Consecration [Every day]**

On my knees before the great multitude of heavenly witnesses, I offer myself, soul and body, to Thee, Eternal Spirit of God. I adore the brightness of Thy purity, the unerring keenness of Thy justice, and the might of Thy love. Thou art the Strength and Light of my soul. In Thee I live and move and am. I desire never to grieve Thee by unfaithfulness to grace, and I pray with all my heart to be kept from the smallest sin against Thee. Mercifully guard my every thought and grant that I may always watch for Thy light, and listen to Thy voice, and follow Thy gracious inspirations. I cling to Thee and give myself to Thee and ask Thee, by Thy compassion, to watch over me in my weakness. Holding the pierced feet of Jesus, and looking at His five wounds, and trusting in His precious Blood, and adoring His opened side and stricken Heart, I implore Thee, Adorable Spirit, Helper of my infirmity, so to keep me in Thy grace that I may never sin against Thee. Give me grace, O Holy Ghost, Spirit of the Father and the Son, to say to Thee always and everywhere, "Speak Lord, for Thy servant heareth." Amen.

**Day 1-** Prayer for the Seven Gifts of the Holy Spirit

**Day 2-** Prayer for the Gift of Wisdom

**Day 3-** Prayer for the Gift of Understanding

**Day 4-** Prayer for the Gift of Counsel

**Day 5-** Prayer for the Gift of Fortitude

**Day 6-** Prayer for the Gift of Knowledge

**Day 7-** Prayer for the Gift of Piety

**Day 8-** Prayer for the Gift of Holy Fear

**Day 9-** Prayer for all the Gifts of the Holy Spirit

Our Father; Hail Mary; Glory Be...(x7)

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St. Bernhard's Church

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